TARGET:

Forti-Diet Nature’s Harvest Guinea Pig Food

1 subject, college-ruled notebooks

1 jar of tarragon (spice) (0.5 oz) (C25)

Morton Iodized Salt (C25)

2 cans cream of chicken soup (Campbell’s Healthy Request) (C24)

2 cans of chicken broth (Swanson, 33% less sodium) (C24)

1 can whole kernel corn (C23)

Raspberry or strawberry jam(C22)

Milk (3 gallons nonfat)

1 package 8-oz. shredded cheddar cheese

2 packages sliced cheese

Eggs (18-count or 2 dozen)

Bananas

Freezer bags (quart size) (B35)

Toothpaste (B27)

Hand sanitizer (Original Germ-X) (B20)

LUCKY:

1 romaine lettuce (or red leaf lettuce or green leaf lettuce)

1 small container of baby tomatoes

1 cucumbers

1 Italian parsley (or curly parsley)

2 Lucy Rose Apples ($2.99/lb.)

2 Lucy Glo Apples ($2.99/lb.)

(Or 4 Fuji or honey crisp apples)

1 lb. green beans

2 bags 10 oz. spinach

1 lb. broccoli

1 cauliflower

3 yellow onions

1 red pepper

1 green pepper

3 garlics (if they look good)

3 servings zucchini or yellow squash

7 servings of fruit

8 lb. bag navel oranges ($4.99/bag)

1 loaf sliced sourdough bread

1 bag of bagels

Crystal geyser sparkling water 1.25L

1 bag small chips

2 packages of chicken thighs or drumsticks ($1.29/lb.)

1 bag frozen vegetables, country style (with carrots, corn, beans)

Ice cream